

ACADIA

ALL-AMERICAN ROAD



26
MOUNTAINS

125
MILES OF HIKING

22
LAKES



RECREATION ON THE SHORE

Forty of the most picturesque miles in America. Start on Route 3 through Bar Harbor then on to the Acadia Park Loop Road. Long before the French explorer Samuel Champlain “discovered” L’Îles des Monts Déserts and the British and French fought for sovereignty over the region, native cultures made what is known today as Mount Desert Island their home. With 26 mountains, 22 lakes, and 125 miles of hiking trails, who wouldn’t want to live here?



SOME OF THE “MUST-SEE” SPOTS INCLUDE:

ACADIA NATIONAL PARK

- **Cadillac Mountain.** At 1,530 feet, it is the highest point along the North Atlantic seaboard and the first place to view sunrise in the United States from October 7 to March 6. After a dawn hike, head back down to local breakfast spots, like Jeannie’s Great Maine Breakfast, that cater to hikers.
- **Carriage roads.** In the first half of the 20th century, a number of wealthy families built sprawling shingle-style cottages with John D. Rockefeller, Jr., contributing a vast network of carriage roads. Travelers can bike, horseback ride or take carriage rides through 46 miles of interconnected carriage roads.
- **Mountain climbing.** Central Slabs routes are good for beginners; for more advanced sea cliff climbing visit Otter Cliffs or Great Head. There are two well-respected climbing schools in the area:
 - o Acadia Mountain Guides Climbing School
 - o Atlantic Climbing School
- **Perpendicular Trail.** Up the face of Mansell Mountain is one of the most interesting hiking trails in Acadia. Despite its menacing name, it offers no narrow ledges or sheer drop-offs. The trail consists of thousands of granite steps that were cut into the side of the mountain by the Civilian Conservation Corps.
- **Jordan Pond House.** The only restaurant in Acadia National Park. The tradition of serving tea and popovers overlooking Jordan Pond and the Bubble Mountains has been enjoyed for nearly 150 years.

BAR HARBOR

- **Acadia Night Sky Festival.** Celebrate the starlit skies of DownEast Maine through education, science and the arts each September. With workshops, nationally recognized speakers and hands-on experiences, there’s something for the beginning to advanced astronomer.
- **Annual Bed Race & Pajama Parade.** Quirky Maine at its finest: each November Bed and Pajama Parade rolls down Main Street, followed by Bed Races.
- **St. Saviour’s Church.** A hidden gem with Tiffany stained glass windows.
- **Abbe Museum.** Learn about the history and culture of Maine’s Native people, the Wabanaki.

MOUNT DESERT ISLAND

- **Lighthouses.** Take a scenic walk to Bass Harbor, or boat to Mount Desert Rock, Burnt Coat, Egg Rock Lighthouse, Isle Au Haut, or Winter Harbor, where you can view the iconic Winter Harbor lighthouse.
- **Echo Lake Beach.** A popular freshwater swimming site on the island for locals and visitors in-the-know near Southwest Harbor. The water is much warmer than the ocean; it’s a great beach for kids and families.
- **Mount Desert Island Oceanarium.** Featuring the Maine Lobster Museum, Marsh Tour, Lobster Hatchery and the Discovery Pool Touch Tank. Open daily 9 to 5 except Sundays until mid to late-October.
- **Thuya and Asticou Gardens.** A gorgeous 140-acre preserve designed by Boston landscape architect Joseph Henry around the turn of the 20th century.
- **Lodging.** Quaint Victorian B&Bs and inns offer panoramic views, while rustic cottage rentals can be found all over the island.
- **Dining.** Find fine farm-to-table restaurants and low-key bistros with extensive wine lists, the freshest local seafood and great reputations, including Mache Bistro, Red Sky and Burning Tree. Or savor organic and vegetarian food at funky, arty cafés like Café This Way, Bumpy Trucker Raw Food Cafe and Lompoc Café.
- **Maine Craft Weekend.** A statewide tour of craft studios, breweries, businesses and events, including several of the island’s Maine Beer Trail stops: Maine Coast Brewing Co, Bar Harbor Brewing Co. and Atlantic Brewing Co.



THE
MAINE THING
QUARTERLY

ISSUE  THREE



NOTES:

A series of horizontal dotted lines for taking notes.